



Benefits+
Your Trusted Health Care Partner

United Food & Commercial Workers Unions
and Food Employers Benefit Fund

Health and Human Services (HHS) Non-discrimination Notice

The UFCW Unions and Food Employers Benefit Fund (the "Plan") complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. The Plan provides free aids and services (such as qualified interpreters and information in alternative formats) when necessary to ensure equal opportunity for individuals with disabilities, and free language assistance services (such as translated documents and oral interpretation) when necessary to provide meaningful access to individuals with limited English proficiency. If you need these services, contact the Plan's Civil Rights Coordinator at:

Mail: United Food & Commercial Workers Unions and Food Employers Benefit Fund
6425 Katella Avenue
Cypress, CA 90630
Attention: Civil Rights Coordinator

Phone: 714-220-2297, 562- 408-2715, or 877-284-2320 (ask for the Civil Rights Coordinator)

Fax: 714-220-2002 (Attention: Civil Rights Coordinator)

If you believe that the Plan has failed to provide these services or has otherwise discriminated on the basis of race, color, national origin, sex, age, or disability, you may file a written grievance with the Fund's Civil Rights Coordinator as soon as possible at the address listed above. If you need help filing a grievance, the Civil Rights Coordinator can help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW, Room 509F, HHH Building, Washington, DC 20201, 800-368-1019, 800-537-7697 (TDD). Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 877-284-2320.

注意: 如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 877-284-2320.

ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 877-284-2320.

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 877-284-2320.

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 877-284-2320.



Southern California United Food & Commercial Workers Unions
and Food Employers Joint Benefit Funds Administration, LLC



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ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 877-284-2320.

注意事項: 日本語を話される場合、無料の言語支援をご利用いただけます。877-284-2320まで、お電話にてご連絡ください。

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 877-284-2320 번으로 전화해 주십시오.

توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با 877-284-2320 تماس بگیرید.

UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 877-284-2320.

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 877-284-2320.

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 877-284-2320.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 877-284-2320.

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 877-284-2320.

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 877-284-2320.